

What's on the Menu?

Tuesday

December 2023 Orange High School Breakfast Menu

<u>Alternates</u>
Offered
Daily

- Assorted Muffins
- **Bagels**
- Cereal
- Breakfast Bars
- Yogurt
- String Cheese
- **Parfaits**

Sides

- Sausage Patty/Links OR
- Turkey Bacon
- Home Fries Or Grits
- 2 Types Assorted Fresh Fruit
- 100% Assorted Juice



Maple Burst Mini

Pancakes w/ Syrup

Bagel & Cheese

Melt

Skewered Turkey

Sausage Pancake

w/ Syrup

Toasty Egg &

Cheese Sandwich

Whole Grain

Breakfast Pizza w/

Turkey Sausage

Turkey Ham &

Cheese Quesadilla

Monday



Turkey Sausage, Egg & Cheese Sandwich

Bacon, Egg & **Cheese Sandwich**

12 Golden Brown Mini

Turkey Sausage **Biscuit**

Turkey Sausage,

Egg & Cheese on a

Flaky Biscuit

Bagel & Cheese

Melt

Maple Waffles

13 Toasted Bagel w/ Cream Cheese

Toasty Egg & Cheese Sandwich

Golden Brown Mini Maple Waffles w/

27

Turkey Ham & Cheese Quesadilla

Syrup

Cinnamon Glazed French Toast Sticks

> **Bagel & Cheese** Melt

28

14

21

WINTER BREAK NO SCHOOL

w/ Cream Cheese

Turkev Ham &



Crispy White Meat Chicken Breakfast Sandwich

Bagel & Cheese Melt



15 Whole Grain Bagel w/ Cream Cheese

Toasty Eqq & Cheese Sandwich

Skewered Turkey

Sausage Pancake

w/ Syrup

Turkey Ham &

Cheese Quesadilla



29

WINTER BREAK **NO SCHOOL**

25

11

18

WINTER BREAK NO SCHOOL

26

19

WINTER BREAK **NO SCHOOL**

WINTER BREAK **NO SCHOOL**

All meals served with low fat milk

This institution is an equal opportunity provider. Menu subject to change without notice.

Chenille Traylor 973 677-4000 x41732





Breakfast Pizza w/

Turkey Bacon &

Scrambled Eggs

Bagel & Cheese

Melt

Wednesday







Golden Brown Mini

Maple Waffles

Bacon, Egg & **Cheese Sandwich**

Breakfast Pizza w/

Turkey Bacon &

Scrambled Eggs

Turkey Sausage

Biscuit

Thursday

Whole Grain Bagel

Friday

Cheese Quesadilla





What's on the Menu?

Tuesday

December 2023 Orange High School Lunch Menu

Friday

Protein/Protein Substitute Fruit Vegetable **OLOGY Bread/Grain** Choice of milk





Wednesday



Thursday

Beef Meatballs with Gravv Mashed Potatoes Popcorn Chicken **Green Beans**



Deli

M - Turkey & Cheese T - Turkev Ham & Cheese

W - Italian Hoagie Th - Chicken Salad

F - Tuna Salad

Chinese Style Sweet & Sour Chicken Brown Rice & Glazed Carrots

Monday

The Perfect Sloppy Joe & Parmesan **Potatoes**

Baia Beef Rice Bowl Roasted Broccoli Florets **Roasted Grilled** Chicken Roasted Mixed

Vegetables

Peas & Carrots Dinner Roll Spaghetti & Meatballs Marinara

Chicken Drumsticks

Student Choice Mac & Cheesyology Buffalo Chicken or **Roasted Tomato** Mac & Cheese Dinner Roll

Sweet & Sour Chicken or Beef Fried Rice Vegetable Stir Fry

8

22

29



Wild Greens

M - Caesar Salad T - Tuna Salad W - Chef Salad Th - Egg Salad

F - BBQ Chicken

Salad

Green Beans Baja Rice Bowl Mexicali Corn

Jumbo Chicken

Tenders & Waffles

12 Philly Cheese Steak Peppers & Onions Seasoned Fries Soft Fish Tacos **Creamy Coleslaw Honey Glazed**

Carrots

Potato Bar!! Baked Potato or Mashed Potato or French Fries Choice of Toppings: Beef, Cheese, Corn

13

27

14 **Student Choice Chaat House** Curried Chicken Brown Rice Curry Cabbage Chickpea Chana Masala

15 Wing Bar!! Roasted Chicken Wings Choice of Sauce: Buffalo, BBQ, Thai French Fries Roasted Sweet Potato

All Meals Come Complete with Choice of vegetable, fruit, grain and milk

2Mato Served Daily

Cheese Pizza

Pepperoni

Specialty Pizza

18

11

Lunch French Toast Sticks Potatoes, Turkey

Breakfast For

Sausage Crispy Tenders

NO SCHOOL

Buffalo Cauliflower

19

26

Korean Chicken Rice Bowl Julienne Vegetables **Crispy Tenders** Roasted Broccoli

20 Smothered Chili Cheese Dog Baked Beans **Bubbly Baked** Macaroni & Cheese

Dinner Roll

Student Choice Made to Melt Turkey Reuben or Mozzarella Roasted Vegetable Panini Creamy Coleslaw

21

28

HALF DAY NO LUNCH SERVED



Fresh Grill Offered Daily

Hamburger

Cheeseburger Chicken Patty

WINTER BREAK

25

WINTER **BREAK NO SCHOOL**

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